

A Cappella Choir Hawai'i Tour

March 7-14, 2016

General Conduct: Common courtesy and decorum is expected at all times. Start with "please" and end with "thank you."

If you don't ask for permission – you don't have permission! "I'm sorry" will not be accepted.

1. Everyone associated with this tour must always remember that he/she represents Brainerd Senior High School and should act accordingly. Being a member of this tour is a privilege.
2. All Brainerd High School and Minnesota State High School League rules are in effect for the entire tour. No weapons or controlled substances. You will be responsible for any Federal, State, local laws or ordinances violated.
3. Everyone shall obey all curfews and room restrictions. Curfews will be set each night. Room restrictions include: no one outside of choir may enter your room. No guys in girls rooms, no girls in guys rooms, unless approved in advance and in a group setting.
4. Once your room door is closed at bed checks you may not open your doors or windows, or otherwise leave the room, until AM wake-up knock. If the door is opened, the ENTIRE room is held accountable.

Other hotel considerations: hallways quiet. Be mindful that others are paying top \$ to stay at the same hotel, and expect a good night's rest.

5. **Always be with a minimum of 3 in a group- never be alone!** No one is to leave the hotel or the group at any time without first checking with the chaperones or Mr. Stubbs. Check in upon return, at the agreed upon time.
6. Do not tell anyone you meet which hotel you are staying at or give them your room number.
7. No equipment with external speakers is allowed. No movie or gaming equipment is to be used after bed checks.
8. You may not leave the choir to visit with anyone unless prior written parental permission is submitted. Check out and in with Stubbs as well. You cannot be left waiting for someone – they must be there at appointed time.

INFRACTIONS OF THE ABOVE MAY RESULT IN THE STUDENT BEING SENT HOME AT HIS/HER OWN EXPENSE- THIS CAN GET VERY EXPENSIVE!

BE A MUSICIAN – Your voice is your instrument. The absolute best care for your voice is a good night's sleep and water. Perform your best at all times. You represent your school and your music program. TAKE PRIDE, and PRACTICE EXCELLENCE.

BE FLEXIBLE AND SMILE – we have to live together for several days.

Luggage/Packing: Each person is allowed to bring one suitcase and one carry-on and is responsible for his/her own luggage. Nice dress clothes for concerts if not formal. There are no "slob" days. Casual/nice is expected at all times.

Punctuality: All personnel should be at the leaving point 10 minutes early to facilitate loading and bus counts.

Concert Dress: Your Hawaiian shirt will be given to you when we get there. You need khaki shorts, and decent looking flip flops or tennis shoes.

Meals: 4 lunches and 2 dinners will be purchased individually. You will be given \$60 at the beginning of the trip from Madrigal proceeds. Estimating \$9 for lunches, and \$12 for dinners, that \$60 will cover these meals. Bring extra \$ if you want to augment this budget. No money is available for loans. Plan accordingly.

YOUR HEALTH is a top priority! SUNBURN can RUIN your trip. You must be responsible for your health and take precautions. Sunscreen (SPF 30 or higher), sunglasses, hats, cover-ups, etc. are a must! Choose water over all other beverages. If you refuse to make good decisions, you will be assigned to a chaperone who will make those decisions for you.

EMERGENCY TELEPHONE NUMBERS – The BHS office and Mrs. Rusk will have a complete itinerary with telephone numbers to reach us during the day.

Some common sense traveler's tips:

- The airport is NOT a place for humor.
- Nail clippers, liquids in a container over 3 oz. (hairspray, gel, toothpaste, etc.) should be in your checked luggage. Any containers 3 oz. or less should be in a 1 quart-sized, clear, zip-top bag. Only 1 bag per person for carry-ons.
- If it is expensive and means a lot to you – maybe leave it at home for a week.
- Bring a windbreaker. Bring a swimsuit. Bring jammies. Bring shoes that are comfy to walk LOTS in.
- Bring motion sickness meds. for the plane and boat ride. Over the counter meds. are YOUR responsibility.
- Clean underwear is a good thing. A shirt or pants worn more than once is not a bad thing. Pack smart!